

**Portland Public Schools**

**Oct 25, 2014 thru Oct 25, 2014**

Planned Menu Spreadsheet

Elementary Lunch

Portion Values - Detailed

002 - East End Community School

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	Portion Size	Plan Qty	Cals (kcal)	Carb (g)	T-Fat (g)
Sat - 10/25/2014					
Elementary Lunch	Total	1			
BAG LUNCH ES FOODS	BAG&CARROTS	1	551	94.29	8.5
Weighted Daily Average			551	94.29	8.50
% of Calories				68.4%	13.9%
Nutrient Guideline			645		<=30.0

Weighted Average			551	94.29 68.4%	8.50 13.9%
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Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	551		645	86%		93		
Carbohydrate (g)	94.29	68.42%						Correction Required -
Total Fat (g)	8.50	13.87%	<=30.00%					Calories are Low

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.