

Portland Public Schools

Recipe: 000536 BAG LUNCH

Recipe HACCP Process: #1 No Cook

Recipe Source: JR
Recipe Group: ENTREES

Alternate Recipe Name: skip

Number of Portions: 24
Size of Portion: EACH

900074 Turkey Breast, Sliced XLean OR .7oz slice...	72 slice	
901807 Cheese American Process 160 ct.....	24 slice 1/2 oz	
000004 Bun, Burger Fantini 155 2oz.....	24 BUN	
011960 CARROTS,BABY,RAW 4/5#.....	1 (5# Bag)	
902946 APPLE LOCAL.....	24 each 140 ct	
901885 Mayo PC Foil.....	24 EACH	

*Nutrients are based upon 1 Portion Size (EACH)

Calories	455 kcal	Cholesterol	37.85 mg	Sugars	*6.96* g	Calcium	152.70 mg	32.00%	Calories from Total Fat
Total Fat	16.18 g	Sodium	1304.13 mg	Protein	20.64 g	Iron	3.00 mg	8.69%	Calories from Saturated Fat
Saturated Fat	4.39 g	Carbohydrates	57.82 g	Vitamin A	13314.63 IU	Water ¹	*201.81* g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	8.95 g	Vitamin C	11.07 mg	Ash ¹	*0.60* g	50.83%	Calories from Carbohydrates
								18.14%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

<u>Miscellaneous</u>	<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt..... 2.000 oz		Y - Milk	N - Egg	
Grain..... 2.000 oz		Y - Soy	N - Peanut	
Fruit..... 0.500 cup		Y - Wheat	N - Tree Nut	
Vegetable..... 0.750 cup			N - Fish	
Milk..... cup			N - Shellfish	
<u>Moisture & Fat Change</u>				
Moisture Change..... 0%				
Fat Change..... 0%				
Type of Fat.....				

Production Specification

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	900074	Turkey Breast, Sliced XLean OR .7oz slice			
I	901807	Cheese American Process 160 ct			
I	000004	Bun, Burger Fantini 155 2oz			
I	011960	CARROTS,BABY,RAW 4/5#			
I	902946	APPLE LOCAL			
I	901885	Mayo PC Foil			

Notes

Production Notes:

3 slices Turkey
1 slice Cheese
3.72 oz carrots = 3/4 CUP

Serving Notes:

1W baby carrots = 1.6 oz
2 bag = 1/2 Cup
3 bag = 3/4 Cup

Purchasing Guide:

Miscellaneous Notes:

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