


PORTLAND
PUBLIC
SCHOOLS
MIDDLE
SCHOOL
BREAKFAST

Get off to a

Good Start,

Eat Breakfast!

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon Oatmeal Round Applesauce Cup 100% Fruit Juice	3 Bagel & Cream Cheese Fresh Fruit	4 Corn Muffin Jumbo Banana	5 Super Banana Bread Dried Fruit 100% Fruit Juice	6 Managers Choice Jumbo Banana
9 Holiday No School 	10 Cinnamon Crisp Vertical Bar Fresh Apple	11 Apple Frudel Stick Dried Fruit 100% Fruit Juice	12 Maple Waffle Jumbo Banana	13 Managers Choice Jumbo Banana
16 Cinnamon Oatmeal Round Applesauce Cup 100% Fruit Juice	17 Bagel & Cream Cheese Fresh Fruit	18 Corn Muffin Jumbo Banana	19 Super Banana Bread Dried Fruit 100% Fruit Juice	20 Managers Choice Jumbo Banana
23 Cinnamon Crisp Vertical Bar Fresh Apple	24 Apple Frudel Stick Dried Fruit 100% Fruit Juice	25 Maple Waffle Jumbo Banana	26 Blueberry Muffin Dried Fruit 100% Fruit Juice	27 Managers Choice Jumbo Banana
30 Cinnamon Oatmeal Round Applesauce Cup 100% Fruit Juice	31 Bagel & Cream Cheese Fresh Fruit			

Menus subject to change without notice.
Foods may contain nuts or nut products.

This institution is an equal opportunity provider and employer.