

**PORTLAND PUBLIC
SCHOOLS
PORTLAND &
DEERING HIGH
SCHOOLS
BREAKFAST MENU
2017-2018**

Get off to a

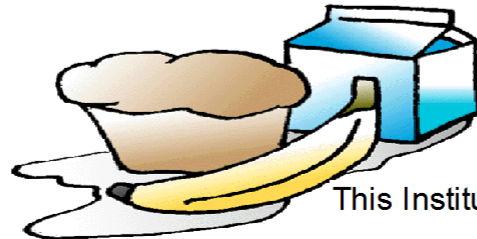
Good Start,

Eat Breakfast!

BREAKFAST:
Free for students
\$1.50 Staff and Visitors
All meals come with your
choice of
Skim or 1% White Milk

Monday	Tuesday	Wednesday	Thursday	Friday
¹⁴ Apple Cinn Breakfast Bar Various Cereal Bowls Strawberry Banana Yogurt Maine Granola Bagel & Cream Cheese Fresh Hot Muffins Banana Bread Apple Frudel Stick Various Breakfast Sandwiches Skim or 1% White Milk Orange Juice Fresh Fruit	¹⁵ Apple Cinn Breakfast Bar French Texas Toast Breakfast Pizza Various Cereal Bowls Strawberry Banana Yogurt Maine Granola Warm Hot Muffin Banana Bread Skim or 1% White Milk Orange Juice Fresh Fruit	¹⁶ Apple Cinn Breakfast Bar Various Cereal Bowls Strawberry Banana Yogurt Maine Granola Bagel & Cream Cheese Warm Hot Muffin Banana Bread Apple Frudel Stick Various Breakfast Sandwiches Skim or 1% White Milk Orange Juice Fresh Fruit	¹⁷ Apple Cinn Breakfast Bar Various Cereal Bowls Strawberry Banana Yogurt Maine Granola Bagel & Cream Cheese Warm Hot Muffin Banana Bread French Toast Apple Frudel Stick Breakfast Pizza Fresh Cinnamon Rolls Skim or 1% White Milk Orange Juice Fresh Fruit	¹⁸ Apple Cinn Breakfast Bar Various Cereal Bowls Strawberry Banana Yogurt Maine Granola Bagel & Cream Cheese Warm Hot Muffin Banana Bread Apple Frudel Stick Various Breakfast Sandwiches Skim or 1% White Milk Orange Juice Fresh Fruit

Online payments to school
meal accounts are now
available at
www.paypams.com
Fee for online payment is
\$1.95 per student transaction



Menus subject to change without notice.
Foods may contain nuts or nut products.

This Institution is an equal opportunity provider and employer.