

Portland Public Schools  
Allergens & Food Sensitivity

June 2019  
Casco Bay  
~~Breakfast~~  
Breakfast

May 10, 2019

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000064	APPLES,FRESH 125 ct	NO	NO	NO	NO	NO	NO	NO	NO
000632	BAGEL & CRM CHEESE	YES	YES	NO	NO	NO	NO	YES	YES
001615	Blueberry Yogurt (Upstate)	YES	NO	NO	NO	NO	NO	NO	NO
001606	Cereal Bar - Cinn Toast Crunch	NO	NO	NO	NO	NO	NO	YES	YES
001550	CEREAL, CINN TOAST CRUNCH RS	NO	NO	NO	NO	NO	NO	YES	YES
001551	CEREAL, TRIX	NO	NO	NO	NO	NO	NO	NO	YES
001693	Del Monte Diced Peaches Cup	NO	NO	NO	NO	NO	NO	NO	NO
001692	Del Monte Mixed Fruit Cup extr	NO	NO	NO	NO	NO	NO	NO	NO
000246	FRUIT JUICE,ASSORTED	NO	NO	NO	NO	NO	NO	NO	NO
001428	Milk Breakfast	YES	NO	NO	NO	NO	NO	NO	NO
000090	PEARS,FRESH 100 ct	NO	NO	NO	NO	NO	NO	NO	NO
900155	string cheese	YES	NO	NO	NO	NO	NO	NO	NO
001704	Tangerine, 100 ct	NO	NO	NO	NO	NO	NO	NO	NO
000878	Yogurt (upstate) Strawberry Ba	YES	NO	NO	NO	NO	NO	NO	NO
001687	Zee Zees Bar, Cinnamon Crisp,	YES	NO	NO	NO	NO	NO	YES	YES
001688	Zee Zees Bar, Strawberry Crisp,	YES	NO	NO	NO	NO	NO	YES	YES
001685	Zee Zees Grahamz, Strawberry,	NO	NO	NO	NO	NO	NO	YES	YES
001686	ZeeZees Grahamz, Birthday Cake	NO	NO	NO	NO	NO	NO	YES	YES

June 2019  
Casco Bay Lunch

Portland Public Schools  
Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000064	APPLES,FRESH 125 ct	NO	NO	NO	NO	NO	NO	NO	NO
000123	APPLES,FRESH maine	NO	NO	NO	NO	NO	NO	NO	NO
000247	APPLESAUCE: canned 1/2 cup	NO	NO	NO	NO	NO	NO	NO	NO
000632	BAGEL & CRM CHEESE	YES	YES	NO	NO	NO	NO	YES	YES
001078	Bean Salad, White	NO	NO	NO	NO	NO	NO	YES	NO
001204	BEANS, CANNED, PINTO	NO	NO	NO	NO	NO	NO	NO	NO
001280	bento EGG CHZ PRETZEL	YES	YES	NO	NO	NO	NO	YES	YES
000730	BROCCOLI FLORETS, RAW 1/2C	NO	NO	NO	NO	NO	NO	NO	NO
001055	CANTALOUPE	NO	NO	NO	NO	NO	NO	NO	NO
001302	CARROT BABY PC	NO	NO	NO	NO	NO	NO	NO	NO
001709	CARROTS,BABY,RAW 3/4C	NO	NO	NO	NO	NO	NO	NO	NO
000048	CHICKEN BURGER 2M 3G	NO	NO	NO	NO	NO	NO	YES	YES
000289	Chicken Nuggets	NO	NO	NO	NO	NO	NO	YES	YES
000515	Chicken Patty Sandwich Breaded	NO	NO	NO	NO	NO	NO	YES	YES
000939	Chicken Patty Spicy Brd Sandwi	NO	NO	NO	NO	NO	NO	YES	YES
001599	Chicken Tender for Waffles	NO	NO	NO	NO	NO	NO	YES	YES
000754	Cornbread Loaf Muffintown	YES	YES	NO	NO	NO	NO	YES	YES
000422	GRAPES,Fresh	NO	NO	NO	NO	NO	NO	NO	NO
001711	GREEN BEANS, FRESH 3/4 Cup	NO	NO	NO	NO	NO	NO	NO	NO
000949	HAMBURGER /BUN CHEESE	YES	NO	NO	NO	NO	NO	YES	YES
000372	ITALIAN, TURKEY	YES	NO	NO	NO	NO	NO	NO	YES
000833	Lettuce Shredded 1/2 Cup	NO	NO	NO	NO	NO	NO	NO	NO
000624	LETTUCE shredded 1/4 C	NO	NO	NO	NO	NO	NO	NO	NO
001753	Marinara Sauce Full Red	NO	NO	NO	NO	NO	NO	NO	NO
001826	Meatball Sub Elm	NO	NO	NO	YES	NO	NO	YES	YES
000437	PEACHES: canned	NO	NO	NO	NO	NO	NO	NO	NO
001762	PEACHES: canned drained	NO	NO	NO	NO	NO	NO	NO	NO
000438	PEARS, canned DICED	NO	NO	NO	NO	NO	NO	NO	NO
000040	PEAS: frozen	NO	NO	NO	NO	NO	NO	NO	NO
001170	PEPPERS, DICED fresh	NO	NO	NO	NO	NO	NO	NO	NO
000843	PICKLES,CUCUMBER,DILL slices	NO	NO	NO	NO	NO	NO	NO	NO
000042	PICKLES,DILL DICED	NO	NO	NO	NO	NO	NO	NO	NO
001286	pizza 16" amato CHEESE 8c 2M2B	YES	NO	NO	NO	NO	NO	NO	YES
001080	pizza CHEESE AMATO CRUST K-5	YES	NO	NO	NO	NO	NO	NO	YES
001153	PIZZA, PAZZO 20 CUT	YES	NO	NO	NO	NO	NO	NO	YES
001582	Potato Wedges	NO	NO	NO	NO	NO	NO	YES	NO
000698	ROLL DINNER WG 1 OZ	NO	NO	NO	NO	NO	NO	NO	YES
001573	SALAD CAESAR ROMAINE 1Cup	YES	YES	NO	NO	YES	NO	YES	YES
001628	Salsa, La Victoria	NO	NO	NO	NO	NO	NO	NO	NO
000033	SAND ITALIAN CHEESE 2M2B	YES	NO	NO	NO	NO	NO	YES	YES
000200	STRAWBERRIES, FRESH	NO	NO	NO	NO	NO	NO	NO	NO
900155	string cheese	YES	NO	NO	NO	NO	NO	NO	NO
000618	Sunflower Seed	NO	NO	NO	NO	NO	NO	NO	NO
001215	TACO MEAT, 100% Beef w/seasoni	YES	NO	NO	NO	NO	NO	NO	NO
001179	TOMATO DICED	NO	NO	NO	NO	NO	NO	NO	NO
001409	TOMATO SLICES ROMA 1/2c	NO	NO	NO	NO	NO	NO	NO	NO
001336	TOMATOES, COCKTAIL LOCAL 1/2C	NO	NO	NO	NO	NO	NO	NO	NO

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Portland Public Schools**  
Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000322	VEGGIE BURGER on a Roll	YES	NO	NO	NO	NO	NO	YES	YES
001598	WAFFLE STICKS	YES	YES	NO	NO	NO	NO	YES	YES

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