

Portland Public Schools
Allergens & Food Sensitivity

June 2019
High School
Breakfast

May 10, 2019

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000680	APPLE FRUDEL PILLSBURY	YES	NO	NO	NO	NO	NO	NO	YES
000632	BAGEL & CRM CHEESE	YES	YES	NO	NO	NO	NO	YES	YES
001193	Bread Banana Slice	YES	YES	NO	NO	NO	NO	YES	YES
000030	BREAKFAST PIZZA HS	YES	YES	NO	NO	NO	NO	NO	YES
000681	BREAKFAST SANDWICH ASST	YES	YES	NO	NO	NO	NO	YES	YES
000328	CEREAL, ASSORTED	NO	NO	NO	NO	NO	NO	NO	NO
000780	French Toast Glazed 1M 1.5G	NO	YES	NO	NO	NO	NO	YES	YES
000329	FRUIT, BREAKFAST	NO	NO	NO	NO	NO	NO	NO	NO
000947	GRANOLA V2	NO	NO	NO	NO	NO	NO	NO	NO
001326	Mini Bagel, Cinnamon Pillsbury	YES	NO	NO	NO	NO	NO	NO	YES
001079	Muffin Trans Fat Free Gold Med	YES	YES	NO	NO	NO	NO	YES	YES
000746	Orange Juice 4 oz Oakhurst	NO	NO	NO	NO	NO	NO	NO	NO
000785	Pancakes Aunt Jemima Whole Gra	NO	YES	NO	NO	NO	NO	YES	YES
000878	Yogurt (upstate) Strawberry Ba	YES	NO	NO	NO	NO	NO	NO	NO

June 2019
High School Lunch

Portland Public Schools
Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000048	CHICKEN BURGER 2M 3G	NO	NO	NO	NO	NO	NO	YES	YES
001531	chicken drumsticks & Mashed HS	YES	NO	NO	NO	NO	NO	NO	NO
000690	CHICKEN NUGGETS Boat w/biscuit5	NO	NO	NO	NO	NO	NO	YES	YES
001721	CHICKEN SALAD	YES	YES	NO	NO	NO	NO	YES	NO
000538	CHICKEN TENDERS TYSON	YES	YES	NO	NO	NO	NO	NO	YES
000949	HAMBURGER /BUN CHEESE	YES	NO	NO	NO	NO	NO	YES	YES
000372	ITALIAN, TURKEY	YES	NO	NO	NO	NO	NO	NO	YES
000122	MILK - VARIETY maine	YES	NO	NO	NO	NO	NO	NO	NO
001056	MOZZARELLA STICK 5 w/dip	YES	NO	NO	NO	NO	NO	NO	YES
500127	NACHOS WITH GROUND BEEF	YES	NO	NO	NO	NO	NO	NO	YES
001369	Orange Chicken w/Rice	NO	NO	NO	NO	NO	NO	YES	YES
001486	Pazzo, Dough Co MS/HS	YES	NO	NO	NO	NO	NO	NO	YES
001286	pizza 16" amato CHEESE 8c 2M2B	YES	NO	NO	NO	NO	NO	NO	YES
001371	TURKEY AND CHEESE WRAP	YES	NO	NO	NO	NO	NO	NO	YES
000877	Yogurt PARFAIT HS/MS	YES	NO	NO	NO	NO	NO	NO	YES

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.