

# Portland Public Schools

Jun 3, 2019 thru Jun 14, 2019

## Planned Menu Spreadsheet

Combined: HIGH SCHOOL  
BREAKFAST/PORTLAND & DEERING HIGH  
LUNCH

### Portion Values - Detailed

015 - Deering High School

Page 1

Generated on: 5/10/2019 1:35:18 PM

	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 06/03/2019						
HIGH SCHOOL BREAKFAS	Total	10				
Breakfast Bar Apple Cinnamon B	1 each	1	*N/A*	5.0	48.0	9.0
CEREAL, ASSORTED	7/8 OZ	3	*5	1.39	19.76	1.47
Yogurt (upstate) Strawberry Ba	4oz serving	1	14	3.0	19.0	0.0
GRANOLA V2	1/4 CUP	1	*11	3.18	22.49	3.56
BAGEL & CRM CHEESE	1 each	2	*1	7.97	30.65	5.69
Muffin Trans Fat Free Gold Med	4 oz	2	*N/A*	3.6	55.8	7.2
Bread Banana Slice	1 each	1	*N/A*	5.0	44.0	10.0
BREAKFAST SANDWICH ASST	1 EACH	3	2	11.79	26.22	11.77
Mini Bagel, Cinnamon Pillsbury	1 EACH	5	13	6.0	42.0	6.0
Pancakes Aunt Jemima Whole Gra	2 pancakes	0	*N/A*	0.0	0.0	0.0
Milk Variety High School	1 each	10	20	8.1	21.8	0.25
Orange Juice 4 oz Oakhurst	1 each	10	*N/A*	1.0	14.0	0.0
FRUIT, BREAKFAST	1 EACH	1	10	1.07	16.53	0.3
PORTLAND & DEERING HI	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
MEATBALL SUB w/cheese HS	393 each	10	2717	10877.	15216.	8393.3
Mashed Potato Bowl HS MS	Serving	10	*15	22.54	53.33	16.55
Salad Bar MS see FV Prod Sheet	1 Cup	0	*N/A*	*N/A*	*N/A*	*N/A*
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*1395	5474.7	7720.1	4216.5
% of Calories			*6.4%	25.0%	35.3%	43.3%
Nutrient Guideline						<=15.0

	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 06/04/2019						
HIGH SCHOOL BREAKFAS	Total	10				
Breakfast Bar Apple Cinnamon B	1 each	1	*N/A*	5.0	48.0	9.0
CEREAL, ASSORTED	7/8 OZ	3	*5	1.39	19.76	1.47
Yogurt (upstate) Strawberry Ba	4oz serving	1	14	3.0	19.0	0.0
GRANOLA V2	1/4 CUP	1	*11	3.18	22.49	3.56
BAGEL & CRM CHEESE	1 each	2	*1	7.97	30.65	5.69
Muffin Trans Fat Free Gold Med	4 oz	2	*N/A*	3.6	55.8	7.2
Bread Banana Slice	1 each	1	*N/A*	5.0	44.0	10.0
French Toast Glazed 1M 1.5G	1 EACH	1	*N/A*	7.15	27.7	6.26
BREAKFAST PIZZA HS	slice	1	*0	17.86	31.33	14.52
APPLE FRUDEL PILLSBURY	1 EACH	0	0	0.0	0.0	0.0
Pancakes Aunt Jemima Whole Gra	2 pancakes	0	*N/A*	0.0	0.0	0.0
Milk Variety High School	1 each	10	20	8.1	21.8	0.25
Orange Juice 4 oz Oakhurst	1 each	10	*N/A*	1.0	14.0	0.0
FRUIT, BREAKFAST	1 EACH	1	10	1.07	16.53	0.3
PORTLAND & DEERING HI	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
MOZZARELLA STICK 5 HS	5stix	10	8	20.84	46.02	19.38
Nachos Cheese w/Chili	48 EACH	10	*295	*1203.4	*2122.7	*1089.7
Salad Bar MS see FV Prod Sheet	1 Cup	0	*N/A*	*N/A*	*N/A*	*N/A*
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*177	*634.64	*1157.9	*563.89
% of Calories			*5.7%	*20.5%	*37.4%	*41.0%
Nutrient Guideline						<=15.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Portland Public Schools

Jun 3, 2019 thru Jun 14, 2019

Planned Menu Spreadsheet

Combined: HIGH SCHOOL  
BREAKFAST/PORTLAND & DEERING HIGH  
LUNCH

Portion Values - Detailed

015 - Deering High School

Page 2

Generated on: 5/10/2019 1:35:18 PM

	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
<b>Wed - 06/05/2019</b>						
HIGH SCHOOL BREAKFAS	Total	10				
Breakfast Bar Apple Cinnamon B	1 each	1	*N/A*	5.0	48.0	9.0
CEREAL, ASSORTED	7/8 OZ	3	*5	1.39	19.76	1.47
Yogurt (upstate) Strawberry Ba	4oz serving	1	14	3.0	19.0	0.0
GRANOLA V2	1/4 CUP	1	*11	3.18	22.49	3.56
BAGEL & CRM CHEESE	1 each	2	*1	7.97	30.65	5.69
Muffin Trans Fat Free Gold Med	4 oz	2	*N/A*	3.6	55.8	7.2
Bread Banana Slice	1 each	1	*N/A*	5.0	44.0	10.0
BREAKFAST SANDWICH ASST	1 EACH	3	2	11.79	26.22	11.77
Mini Bagel, Cinnamon Pillsbury	1 EACH	5	13	6.0	42.0	6.0
Pancakes Aunt Jemima Whole Gra	2 pancakes	0	*N/A*	0.0	0.0	0.0
Milk Variety High School	1 each	10	20	8.1	21.8	0.25
Orange Juice 4 oz Oakhurst	1 each	10	*N/A*	1.0	14.0	0.0
FRUIT, BREAKFAST	1 EACH	1	10	1.07	16.53	0.3
PORTLAND & DEERING HI	Total	10				
Pazzo, Dough Co MS/HS	2MMA2G	10	*11	23.65	47.49	25.95
CHICKEN quesadilla tasty brand	1 EACH	10	*3	19.35	29.15	9.53
CHICKEN TENDERS FF BOAT	3oz Chx/4oz FF	10	*21	22.53	85.87	23.5
HAMBURGER /BUN CHEESE	1819 each	10	4548	37627.	57327.	26685.
Salad Bar MS see FV Prod Sheet	1 Cup	0	*N/A*	*N/A*	*N/A*	*N/A*
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*2317	18860.	28806.	13378.
% of Calories			*3.0%	24.1%	36.8%	38.4%
Nutrient Guideline						<=15.0

<b>Thu - 06/06/2019</b>						
HIGH SCHOOL BREAKFAS	Total	10				
Breakfast Bar Apple Cinnamon B	1 each	1	*N/A*	5.0	48.0	9.0
CEREAL, ASSORTED	7/8 OZ	3	*5	1.39	19.76	1.47
Yogurt (upstate) Strawberry Ba	4oz serving	1	14	3.0	19.0	0.0
GRANOLA V2	1/4 CUP	1	*11	3.18	22.49	3.56
BAGEL & CRM CHEESE	1 each	2	*1	7.97	30.65	5.69
Muffin Trans Fat Free Gold Med	4 oz	2	*N/A*	3.6	55.8	7.2
Bread Banana Slice	1 each	1	*N/A*	5.0	44.0	10.0
BREAKFAST PIZZA HS	slice	1	*0	17.86	31.33	14.52
French Toast Glazed 1M 1.5G	1 EACH	1	*N/A*	7.15	27.7	6.26
APPLE FRUDEL PILLSBURY	1 EACH	0	0	0.0	0.0	0.0
Pancakes Aunt Jemima Whole Gra	2 pancakes	0	*N/A*	0.0	0.0	0.0
Milk Variety High School	1 each	10	20	8.1	21.8	0.25
Orange Juice 4 oz Oakhurst	1 each	10	*N/A*	1.0	14.0	0.0
FRUIT, BREAKFAST	1 EACH	1	10	1.07	16.53	0.3
PORTLAND & DEERING HI	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
CHICKEN PARMESEAN HS	2 TENDERS	10	7	26.82	50.95	11.78
nachos real cheese	2ozChz/2ozChp	10	*0	7.03	39.45	21.17
HOT DOG BEEF	1 EACH	10	*0	4.1	19.45	2.56
Salad Bar MS see FV Prod Sheet	1 Cup	0	*N/A*	*N/A*	*N/A*	*N/A*
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Portland Public Schools

Jun 3, 2019 thru Jun 14, 2019

## Planned Menu Spreadsheet

Combined: HIGH SCHOOL  
BREAKFAST/PORTLAND & DEERING HIGH  
LUNCH

### Portion Values - Detailed

015 - Deering High School

Page 3

Generated on: 5/10/2019 1:35:18 PM

	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Weighted Daily Average			*29	41.49	128.48	27.09
% of Calories			*12.5%	17.8%	55.2%	26.2%
Nutrient Guideline						<=15.0

Fri - 06/07/2019						
HIGH SCHOOL BREAKFAS	Total	10				
Breakfast Bar Apple Cinnamon B	1 each	1	*N/A*	5.0	48.0	9.0
CEREAL, ASSORTED	7/8 OZ	3	*5	1.39	19.76	1.47
Yogurt (upstate) Strawberry Ba	4oz serving	1	14	3.0	19.0	0.0
GRANOLA V2	1/4 CUP	1	*11	3.18	22.49	3.56
BAGEL & CRM CHEESE	1 each	2	*1	7.97	30.65	5.69
Muffin Trans Fat Free Gold Med	4 oz	2	*N/A*	3.6	55.8	7.2
Bread Banana Slice	1 each	1	*N/A*	5.0	44.0	10.0
BREAKFAST SANDWICH ASST	1 EACH	3	2	11.79	26.22	11.77
Mini Bagel, Cinnamon Pillsbury	1 EACH	5	13	6.0	42.0	6.0
Pancakes Aunt Jemima Whole Gra	2 pancakes	0	*N/A*	0.0	0.0	0.0
Milk Variety High School	1 each	10	20	8.1	21.8	0.25
Orange Juice 4 oz Oakhurst	1 each	10	*N/A*	1.0	14.0	0.0
FRUIT, BREAKFAST	1 EACH	1	10	1.07	16.53	0.3
PORTLAND & DEERING HI	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
CHICKEN TENDERS FF BOAT	3oz Chx/4oz FF	10	*21	22.53	85.87	23.5
sand buffalo chicken wrap	2 each	10	*1	20.37	49.02	37.76
FISH taco w/CHEESE 2M 2G	3ozF2chz1/2slaw	10	*1	25.31	38.81	17.14
Salad Bar MS see FV Prod Sheet	1 Cup	0	*N/A*	*N/A*	*N/A*	*N/A*
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*40	58.64	171.89	50.76
% of Calories			*11.9%	17.2%	50.5%	33.5%
Nutrient Guideline						<=15.0

Mon - 06/10/2019						
HIGH SCHOOL BREAKFAS	Total	10				
Breakfast Bar Apple Cinnamon B	1 each	1	*N/A*	5.0	48.0	9.0
CEREAL, ASSORTED	7/8 OZ	3	*5	1.39	19.76	1.47
Yogurt (upstate) Strawberry Ba	4oz serving	1	14	3.0	19.0	0.0
GRANOLA V2	1/4 CUP	1	*11	3.18	22.49	3.56
BAGEL & CRM CHEESE	1 each	2	*1	7.97	30.65	5.69
Muffin Trans Fat Free Gold Med	4 oz	2	*N/A*	3.6	55.8	7.2
Bread Banana Slice	1 each	1	*N/A*	5.0	44.0	10.0
BREAKFAST SANDWICH ASST	1 EACH	3	2	11.79	26.22	11.77
Mini Bagel, Cinnamon Pillsbury	1 EACH	5	13	6.0	42.0	6.0
Pancakes Aunt Jemima Whole Gra	2 pancakes	0	*N/A*	0.0	0.0	0.0
Milk Variety High School	1 each	10	20	8.1	21.8	0.25
Orange Juice 4 oz Oakhurst	1 each	10	*N/A*	1.0	14.0	0.0
FRUIT, BREAKFAST	1 EACH	1	10	1.07	16.53	0.3

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Portland Public Schools

Jun 3, 2019 thru Jun 14, 2019

## Planned Menu Spreadsheet

Combined: HIGH SCHOOL  
BREAKFAST/PORTLAND & DEERING HIGH  
LUNCH

### Portion Values - Detailed

015 - Deering High School

Page 4

Generated on: 5/10/2019 1:35:18 PM

	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
PORTLAND & DEERING HI	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
MEATBALL SUB w/cheese HS	1 each	10	7	27.68	38.72	21.36
CHICKEN TENDERS FF BOAT	3oz Chx/4oz FF	10	*21	22.53	85.87	23.5
Salad Bar MS see FV Prod Sheet	1 Cup	0	*N/A*	*N/A*	*N/A*	*N/A*
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*43	49.64	147.33	33.98
% of Calories			*15.9%	18.5%	54.8%	28.5%
Nutrient Guideline						<=15.0

Tue - 06/11/2019						
HIGH SCHOOL BREAKFAS	Total	10				
Breakfast Bar Apple Cinnamon B	1 each	1	*N/A*	5.0	48.0	9.0
CEREAL, ASSORTED	7/8 OZ	3	*5	1.39	19.76	1.47
Yogurt (upstate) Strawberry Ba	4oz serving	1	14	3.0	19.0	0.0
GRANOLA V2	1/4 CUP	1	*11	3.18	22.49	3.56
BAGEL & CRM CHEESE	1 each	2	*1	7.97	30.65	5.69
Muffin Trans Fat Free Gold Med	4 oz	2	*N/A*	3.6	55.8	7.2
Bread Banana Slice	1 each	1	*N/A*	5.0	44.0	10.0
French Toast Glazed 1M 1.5G	1 EACH	1	*N/A*	7.15	27.7	6.26
BREAKFAST PIZZA HS	slice	1	*0	17.86	31.33	14.52
APPLE FRUDEL PILLSBURY	1 EACH	0	0	0.0	0.0	0.0
Pancakes Aunt Jemima Whole Gra	2 pancakes	0	*N/A*	0.0	0.0	0.0
Milk Variety High School	1 each	10	20	8.1	21.8	0.25
Orange Juice 4 oz Oakhurst	1 each	10	*N/A*	1.0	14.0	0.0
FRUIT, BREAKFAST	1 EACH	1	10	1.07	16.53	0.3
PORTLAND & DEERING HI	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
MOZZARELLA STICK 5 HS	5stix	10	8	20.84	46.02	19.38
CHICKEN BURGER 2M 3G	1 EACH	10	3	20.0	44.0	13.0
Salad Bar MS see FV Prod Sheet	122 Cup	0	*N/A*	*N/A*	*N/A*	*N/A*
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*31	42.93	118.57	25.52
% of Calories			*14.2%	19.6%	54.1%	26.2%
Nutrient Guideline						<=15.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Portland Public Schools

Jun 3, 2019 thru Jun 14, 2019

Planned Menu Spreadsheet

Combined: HIGH SCHOOL  
BREAKFAST/PORTLAND & DEERING HIGH  
LUNCH

Portion Values - Detailed

015 - Deering High School

Page 5

Generated on: 5/10/2019 1:35:18 PM

	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Wed - 06/12/2019						
HIGH SCHOOL BREAKFAS	Total	10				
Breakfast Bar Apple Cinnamon B	1 each	1	*N/A*	5.0	48.0	9.0
CEREAL, ASSORTED	7/8 OZ	3	*5	1.39	19.76	1.47
Yogurt (upstate) Strawberry Ba	4oz serving	1	14	3.0	19.0	0.0
GRANOLA V2	1/4 CUP	1	*11	3.18	22.49	3.56
BAGEL & CRM CHEESE	1 each	2	*1	7.97	30.65	5.69
Muffin Trans Fat Free Gold Med	4 oz	2	*N/A*	3.6	55.8	7.2
Bread Banana Slice	1 each	1	*N/A*	5.0	44.0	10.0
BREAKFAST SANDWICH ASST	1 EACH	3	2	11.79	26.22	11.77
Mini Bagel, Cinnamon Pillsbury	1 EACH	5	13	6.0	42.0	6.0
Pancakes Aunt Jemima Whole Gra	2 pancakes	0	*N/A*	0.0	0.0	0.0
Milk Variety High School	1 each	10	20	8.1	21.8	0.25
Orange Juice 4 oz Oakhurst	1 each	10	*N/A*	1.0	14.0	0.0
FRUIT, BREAKFAST	1 EACH	1	10	1.07	16.53	0.3
PORTLAND & DEERING HI	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
MANAGERS CHOICE ALT.	1	10	0	0.0	0.0	0.0
Salad Bar MS see FV Prod Sheet	1 Cup	0	*N/A*	*N/A*	*N/A*	*N/A*
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*29	24.53	85.04	11.56
% of Calories			*21.3%	18.1%	62.8%	19.2%
Nutrient Guideline						<=15.0

	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 06/13/2019						
HIGH SCHOOL BREAKFAS	Total	10				
Breakfast Bar Apple Cinnamon B	1 each	1	*N/A*	5.0	48.0	9.0
CEREAL, ASSORTED	7/8 OZ	3	*5	1.39	19.76	1.47
Yogurt (upstate) Strawberry Ba	4oz serving	1	14	3.0	19.0	0.0
GRANOLA V2	1/4 CUP	1	*11	3.18	22.49	3.56
BAGEL & CRM CHEESE	1 each	2	*1	7.97	30.65	5.69
Muffin Trans Fat Free Gold Med	4 oz	2	*N/A*	3.6	55.8	7.2
Bread Banana Slice	1 each	1	*N/A*	5.0	44.0	10.0
BREAKFAST PIZZA HS	slice	1	*0	17.86	31.33	14.52
French Toast Glazed 1M 1.5G	1 EACH	1	*N/A*	7.15	27.7	6.26
APPLE FRUDEL PILLSBURY	1 EACH	0	0	0.0	0.0	0.0
Pancakes Aunt Jemima Whole Gra	2 pancakes	0	*N/A*	0.0	0.0	0.0
Milk Variety High School	1 each	10	20	8.1	21.8	0.25
Orange Juice 4 oz Oakhurst	1 each	10	*N/A*	1.0	14.0	0.0
FRUIT, BREAKFAST	1 EACH	1	10	1.07	16.53	0.3
PORTLAND & DEERING HI	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
MANAGERS CHOICE ALT.	1	10	0	0.0	0.0	0.0
Salad Bar MS see FV Prod Sheet	1 Cup	0	*N/A*	*N/A*	*N/A*	*N/A*
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*25	22.52	73.56	9.33
% of Calories			*21.5%	19.1%	62.5%	17.8%
Nutrient Guideline						<=15.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Portland Public Schools

Jun 3, 2019 thru Jun 14, 2019

Planned Menu Spreadsheet

Combined: HIGH SCHOOL  
BREAKFAST/PORTLAND & DEERING HIGH  
LUNCH

Portion Values - Detailed

015 - Deering High School

Page 6

Generated on: 5/10/2019 1:35:18 PM

	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 06/14/2019						
HIGH SCHOOL BREAKFAS	Total	10				
Breakfast Bar Apple Cinnamon B	1 each	1	*N/A*	5.0	48.0	9.0
CEREAL, ASSORTED	7/8 OZ	3	*5	1.39	19.76	1.47
Yogurt (upstate) Strawberry Ba	4oz serving	1	14	3.0	19.0	0.0
GRANOLA V2	1/4 CUP	1	*11	3.18	22.49	3.56
BAGEL & CRM CHEESE	1 each	2	*1	7.97	30.65	5.69
Muffin Trans Fat Free Gold Med	4 oz	2	*N/A*	3.6	55.8	7.2
Bread Banana Slice	1 each	1	*N/A*	5.0	44.0	10.0
BREAKFAST SANDWICH ASST	1 EACH	3	2	11.79	26.22	11.77
Mini Bagel, Cinnamon Pillsbury	1 EACH	5	13	6.0	42.0	6.0
Pancakes Aunt Jemima Whole Gra	2 pancakes	0	*N/A*	0.0	0.0	0.0
Milk Variety High School	1 each	10	20	8.1	21.8	0.25
Orange Juice 4 oz Oakhurst	1 each	10	*N/A*	1.0	14.0	0.0
FRUIT, BREAKFAST	1 EACH	1	10	1.07	16.53	0.3
PORTLAND & DEERING HI	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
MANAGERS CHOICE ALT.	1	10	0	0.0	0.0	0.0
Salad Bar MS see FV Prod Sheet	1 Cup	0	*N/A*	*N/A*	*N/A*	*N/A*
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*29	24.53	85.04	11.56
% of Calories			*21.3%	18.1%	62.8%	19.2%
Nutrient Guideline						<=15.0

Weighted Average			*412 *8.8%	*2523.4 *24.1%	*3849.4 *36.7%	*1832.8 *39.4%
------------------	--	--	---------------	-------------------	-------------------	-------------------

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Sugars (g)	412	3.93%			Missing			
Protein (g)	2523.40	24.09%			Missing			
Carbohydrate (g)	3849.45	36.74%			Missing			
Total Fat (g)	1832.89	39.36%	<=15.00%		Missing			Correction Required - Total Fat too High

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.