

Portland Public Schools
Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000680	APPLE FRUDEL PILLSBURY	YES	NO	NO	NO	NO	NO	NO	YES
001222	APPLESAUCE CUP PC	NO	NO	NO	NO	NO	NO	NO	NO
000068	BANANAS regular 100ct	NO	NO	NO	NO	NO	NO	NO	NO
001193	Bread Banana Slice	YES	YES	NO	NO	NO	NO	YES	YES
001278	Breakfast round UBR cinnamon R	YES	YES	NO	NO	NO	NO	YES	YES
001449	DRIED FRUIT	NO	NO	NO	NO	NO	NO	NO	NO
000246	FRUIT JUICE, ASSORTED	NO	NO	NO	NO	NO	NO	NO	NO
000329	FRUIT, BREAKFAST	NO	NO	NO	NO	NO	NO	NO	NO
000230	MILK, HALF PINT 1%	YES	NO	NO	NO	NO	NO	NO	NO
000231	MILK, HALF PINT SKIM	YES	NO	NO	NO	NO	NO	NO	NO
001365	Muffin Blueberry 2G IW SKYB	YES	YES	NO	NO	NO	NO	YES	YES
001276	Muffin Corn 2G IW	YES	YES	NO	NO	NO	NO	YES	YES
000878	Yogurt (upstate) Strawberry Ba	YES	NO	NO	NO	NO	NO	NO	NO
001686	ZeeZees Grahamz, Birthday Cake	NO	NO	NO	NO	NO	NO	YES	YES

Portland Public Schools
Allergens & Food Sensitivity

Middle School
Lunch
June 2019

May 10, 2019

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000048	CHICKEN BURGER 2M 3G	NO	NO	NO	NO	NO	NO	YES	YES
000352	CHICKEN PARMESEAN HS	YES	NO	NO	NO	NO	NO	NO	YES
000981	CHICKEN quesadilla tasty brand	YES	YES	NO	NO	NO	NO	NO	YES
000675	CHICKEN TENDERS FF BOAT	NO	NO	NO	NO	NO	NO	YES	YES
001284	FISH taco w/CHEESE 2M 2G	YES	YES	NO	NO	YES	NO	NO	YES
001223	HOT DOG BEEF	NO	NO	NO	NO	NO	NO	NO	YES
001782	Mashed Potato Bowl HS MS	YES	NO	NO	NO	NO	NO	NO	NO
000308	MEATBALL SUB w/cheese HS	YES	YES	NO	NO	NO	NO	YES	YES
001837	MOZZARELLA STICK 5 HS	YES	YES	NO	NO	NO	NO	NO	YES
001664	Nachos Cheese w/Chili	YES	NO	NO	NO	NO	NO	NO	NO
000500	nachos real cheese	YES	NO	NO	NO	NO	NO	NO	YES
001486	Pazzo, Dough Co MS/HS	YES	NO	NO	NO	NO	NO	NO	YES
001286	pizza 16" amato CHEESE 8c 2M2B	YES	NO	NO	NO	NO	NO	NO	YES
001399	sand buffalo chicken wrap	YES	YES	NO	NO	NO	NO	YES	YES

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.