

Portland Public Schools

Jun 3, 2019 thru Jun 14, 2019

Planned Menu Spreadsheet

Combined: MIDDLE SCHOOL
BREAKFAST/MIDDLE SCHOOL LUNCH

Portion Values - Detailed

012 - King Middle School

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	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 06/03/2019						
MIDDLE SCHOOL BREAKF	Total	375				
Cinnamon Crisp VERTICAL Bar	1 each	375	14	3.0	39.0	8.0
APPLES,FRESH 125 ct	1 EACH	375	0	0.38	20.05	0.12
MILK, HALF PINT 1%	HALF PINT	375	12	8.0	13.0	1.25
MILK, HALF PINT SKIM	HALF PINT	375	12	8.0	13.0	0.0
MIDDLE SCHOOL LUNCH	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
chicken drumsticks & Mashed HS	1 ea 3-4oz drum	10	*0	25.91	19.12	16.07
CHICKEN NUGGETS Boat w/biscut5	SERVING	10	2	22.86	55.06	20.52
SALAD BAR HS/MS	Serving	0	*0	0.0	0.0	0.0
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*38	20.89	86.51	10.37
% of Calories			*28.7%	15.9%	65.8%	17.7%
Nutrient Guideline						<=29.2

Tue - 06/04/2019						
MIDDLE SCHOOL BREAKF	Total	375				
APPLE FRUDEL PILLSBURY	1 EACH	375	11	4.99	35.96	5.99
DRIED FRUIT	1/4 CUP	375	24	0.0	28.0	0.0
FRUIT JUICE,ASSORTED	4 OZ	375	*N/A*	0.5	13.5	0.0
MILK, HALF PINT 1%	HALF PINT	375	12	8.0	13.0	1.25
MILK, HALF PINT SKIM	HALF PINT	375	12	8.0	13.0	0.0
MIDDLE SCHOOL LUNCH	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
MOZZARELLA STICK 5 w/dip	352 EACH	10	634	1478.3	3308.7	1372.8
SALAD BAR HS/MS	Serving	0	*0	0.0	0.0	0.0
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*75	60.08	188.46	43.00
% of Calories			*22.1%	17.8%	55.9%	28.7%
Nutrient Guideline						<=29.2

Wed - 06/05/2019						
MIDDLE SCHOOL BREAKF	Total	375				
Yogurt (upstate) Strawberry Ba	4 oz serving	375	14	3.0	19.0	0.0
ZeeZees Grahamz, Birthday Cake	serving	375	8	2.0	21.0	4.0
BANANAS regular 100ct	1 EACH	0	0	0.0	0.0	0.0
MILK, HALF PINT 1%	HALF PINT	375	12	8.0	13.0	1.25
MILK, HALF PINT SKIM	HALF PINT	375	12	8.0	13.0	0.0
MIDDLE SCHOOL LUNCH	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
Orange Chicken w/Rice	4oz chx/1C rice	10	*0	30.48	81.21	42.6
HAMBURGER /BUN CHEESE	1058 each	10	2645	21885.	33343.	15521.
SALAD BAR HS/MS	Serving	0	*0	0.0	0.0	0.0
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*114	590.45	934.21	409.66
% of Calories			*4.6%	23.9%	37.9%	37.4%
Nutrient Guideline						<=29.2

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012 - King Middle School

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	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Thu - 06/06/2019						
MIDDLE SCHOOL BREAKF	Total	375				
Muffin Blueberry 2G IW SKYB	1 each	375	21	6.0	45.0	7.0
DRIED FRUIT	1/4 CUP	375	24	0.0	28.0	0.0
FRUIT JUICE,ASSORTED	4 OZ	375	*N/A*	0.5	13.5	0.0
MILK, HALF PINT 1%	HALF PINT	375	12	8.0	13.0	1.25
MILK, HALF PINT SKIM	HALF PINT	375	12	8.0	13.0	0.0
MIDDLE SCHOOL LUNCH	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
Yogurt PARFAIT HS/MS	8oz/.5cup/2G	10	*46	11.69	91.48	2.58
CHICKEN BURGER 2M 3G	1 EACH	10	3	20.0	44.0	13.0
SALAD BAR HS/MS	Serving	0	*0	0.0	0.0	0.0
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*69	23.49	114.84	8.73
% of Calories			*43.0%	14.6%	71.4%	12.2%
Nutrient Guideline						<=29.2

Fri - 06/07/2019						
MIDDLE SCHOOL BREAKF	Total	375				
MANAGERS CHOICE ALT.	1	375	0	0.0	0.0	0.0
BANANAS regular 100ct	1 EACH	375	17	1.48	31.06	0.45
MILK, HALF PINT 1%	HALF PINT	375	12	8.0	13.0	1.25
MILK, HALF PINT SKIM	HALF PINT	375	12	8.0	13.0	0.0
MIDDLE SCHOOL LUNCH	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
TURKEY AND CHEESE WRAP	1151 each	10	*1165	29166.	28817.	17597.
SALAD BAR HS/MS	Serving	0	*0	0.0	0.0	0.0
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*71	775.36	805.84	459.01
% of Calories			*2.8%	30.6%	31.8%	40.8%
Nutrient Guideline						<=29.2

Mon - 06/10/2019						
MIDDLE SCHOOL BREAKF	Total	375				
Breakfast round UBR cinnamon R	1 each	375	19	5.0	44.0	8.0
APPLESAUCE CUP PC	1 EACH	375	*N/A*	0.22	14.4	0.06
FRUIT JUICE,ASSORTED	4 OZ	375	*N/A*	0.5	13.5	0.0
MILK, HALF PINT 1%	HALF PINT	375	12	8.0	13.0	1.25
MILK, HALF PINT SKIM	HALF PINT	375	12	8.0	13.0	0.0
MIDDLE SCHOOL LUNCH	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
CHICKEN TENDERS TYSON	3 PC SERVE	10	*N/A*	14.16	12.14	10.12
NACHOS WITH GROUND BEEF	SERVINGS	10	*N/A*	17.8	19.28	15.13
SALAD BAR HS/MS	Serving	10	*3	2.29	9.81	2.68
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*43	22.79	98.18	10.08
% of Calories			*28.8%	15.4%	66.4%	15.3%
Nutrient Guideline						<=29.2

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Tue - 06/11/2019						
MIDDLE SCHOOL BREAKF	Total	375				
BAGEL & CRM CHEESE	1 each	375	*1	7.97	30.65	5.69
FRUIT, BREAKFAST	1 EACH	375	10	1.07	16.53	0.3
MILK, HALF PINT 1%	HALF PINT	375	12	8.0	13.0	1.25
MILK, HALF PINT SKIM	HALF PINT	375	12	8.0	13.0	0.0
MIDDLE SCHOOL LUNCH	Total	10				
Pazzo, Dough Co MS/HS	2MMA2G	10	*11	23.65	47.49	25.95
CHICKEN NUGGETS Boat w/biscut5	SERVING	10	2	22.86	55.06	20.52
ITALIAN, TURKEY	1 SANDWICH	0	0	0.0	0.0	0.0
SALAD BAR HS/MS	Serving	10	*3	2.29	9.81	2.68
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*35	25.86	74.74	8.34
% of Calories			*30.3%	22.1%	63.8%	16.0%
Nutrient Guideline						<=29.2

Wed - 06/12/2019						
MIDDLE SCHOOL BREAKF	Total	375				
Muffin Corn 2G IW	1 each	375	*N/A*	5.0	50.03	10.01
BANANAS regular 100ct	1 EACH	375	17	1.48	31.06	0.45
MILK, HALF PINT 1%	HALF PINT	375	12	8.0	13.0	1.25
MILK, HALF PINT SKIM	HALF PINT	375	12	8.0	13.0	0.0
MIDDLE SCHOOL LUNCH	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
CHICKEN NUGGETS Boat w/biscut5	SERVING	10	2	22.86	55.06	20.52
ITALIAN, TURKEY	1 SANDWICH	10	5	23.76	34.13	10.39
SALAD BAR HS/MS	Serving	0	*0	0.0	0.0	0.0
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*40	23.86	108.37	12.49
% of Calories			*25.7%	15.2%	68.9%	17.9%
Nutrient Guideline						<=29.2

Thu - 06/13/2019						
MIDDLE SCHOOL BREAKF	Total	375				
Bread Banana Slice	1 each	375	*N/A*	5.0	44.0	10.0
DRIED FRUIT	1/4 CUP	375	24	0.0	28.0	0.0
FRUIT JUICE, ASSORTED	4 OZ	375	*N/A*	0.5	13.5	0.0
MILK, HALF PINT 1%	HALF PINT	375	12	8.0	13.0	1.25
MILK, HALF PINT SKIM	HALF PINT	375	12	8.0	13.0	0.0
MIDDLE SCHOOL LUNCH	Total	10				
pizza 16" amato CHEESE 8c 2M2B	1/8 slice	10	7	20.98	46.49	10.53
MANAGERS CHOICE ALT.	1	10	0	0.0	0.0	0.0
CHICKEN SALAD	1 CUP	10	*1	36.62	12.3	16.69
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*47	22.64	110.67	11.68
% of Calories			*29.6%	14.1%	69.1%	16.4%
Nutrient Guideline						<=29.2

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	Portion Size	Plan Qty	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Fri - 06/14/2019						
MIDDLE SCHOOL BREAKF MANAGERS CHOICE ALT.	Total	375				
BANANAS regular 100ct	1	375	0	0.0	0.0	0.0
MILK, HALF PINT 1%	1 EACH	375	17	1.48	31.06	0.45
MILK, HALF PINT SKIM	HALF PINT	375	12	8.0	13.0	1.25
	HALF PINT	375	12	8.0	13.0	0.0
MIDDLE SCHOOL LUNCH						
pizza 16" amato CHEESE 8c 2M2B	Total	10				
MANAGERS CHOICE dnp	1/8 slice	10	7	20.98	46.49	10.53
MANAGERS CHOICE dnp	1	10	0	0.0	0.0	0.0
MANAGERS CHOICE dnp	1	10	0	0.0	0.0	0.0
SALAD BAR HS/MS	Serving	0	*0	0.0	0.0	0.0
MILK - VARIETY maine	8 OZ	10	19	8.0	20.7	0.5
Weighted Daily Average			*40	17.78	57.33	1.94
% of Calories			*51.0%	22.5%	72.6%	5.5%
Nutrient Guideline						<=29.2

Weighted Average			*57	158.32	257.91	97.53
			*20.5%	25.2%	41.0%	34.9%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Sugars (g)	57	9.10%			Missing			
Protein (g)	158.32	25.17%						
Carbohydrate (g)	257.91	41.00%						
Total Fat (g)	97.53	34.88%	<=29.22%					Correction Required - Total Fat too High

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