
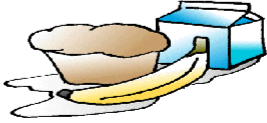


**CASCO BAY
HIGH SCHOOL
BREAKFAST
MENU**

October

Breakfast Prices:
\$1.30 for Students
\$1.50 for Staff & Visitors
Choice of skim or 1%
white milk is included with
each breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
² Bagel & Cream Cheese Diced Peach Cup 100% Fruit Juice	³ Egg & Cheese on an English Muffin or Cinnamon Crisp Vertical Orange Smiles	⁴ Cinnamon Toast Crunch Petite Banana 100% Fruit Juice	⁵ Egg & Cheese on an English Muffin or Blueberry Yogurt Cinnamon Granola	⁶ Aunt Jemima Pancakes or Trix Cereal Bar String Cheese Fresh Apple
⁹ Holiday No School 	¹⁰ Egg & Cheese on an English Muffin or Bagel & Cream Cheese Mixed Fruit Cup 100% Fruit Juice	¹¹ Strawberry Banana Yogurt Cinnamon Granola Fresh Pear	¹² Egg & Cheese on an English Muffin or Cheerios Cereal Bowl Petite Banana 100% Fruit Juice	¹³ Aunt Jemima Pancakes or Cinn Toast Crunch Bar String Cheese Fresh Apple
¹⁶ Bagel & Cream Cheese Diced Peach Cup 100% Fruit Juice	¹⁷ Egg & Cheese on an English Muffin or Strawberry Crisp Bar Orange Smiles	¹⁸ Trix Cereal Bowl Petite Banana 100% Fruit Juice	¹⁹ Egg & Cheese on an English Muffin or Raspberry Yogurt Cinnamon Granola	²⁰ Aunt Jemima Pancakes or Apple Cinn Cereal Bar String Cheese
²³ Bagel & Cream Cheese Diced Peach Cup 100% Fruit Juice	²⁴ Egg & Cheese on an English Muffin or Apple Berry Vertical Bar Orange Smiles	²⁵ Cinnamon Toast Crunch Cereal Bowl Petite Banana 100% Fruit Juice	²⁶ Egg & Cheese on an English Muffin or or Blueberry Yogurt Cinnamon Granola	²⁷ Aunt Jemima Pancakes or Trix Cereal Bar String Cheese Fresh Apple
³⁰ Bagel & Cream Cheese Diced Peach Cup 100% Fruit Juice	³¹ Egg & Cheese on an English Muffin or Cinnamon Crisp Vertical Orange Smiles			Online payments to school meal accounts are now available at www.paypams.com

Menus subject to change without notice.

This institution is an equal opportunity provider and employer.