


CASCO BAY HIGH SCHOOL LUNCH MENU



Lunch Meal Prices:
 \$2.95 Grades 6-12
 Adult Meals \$4.00
 Extra 8 oz milk-\$0.50
 Milk choice included with
 each meal

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1
		Turkey & Cheese Italian Cheese Italian Amato's Cheese Pizza Tomato, Pickle, Pepper Chilled Peaches	Beefy Hot Dog & Bun Amato's Cheese Pizza Vegetarian Baked Beans Baby Carrots Watermelon Slice	NO SCHOOL
4	5	6	7	8
LABOR DAY - NO SCHOOL 	Chicken Burger on a Bun Amato's Cheese Pizza Baby Carrots Applesauce	Pazzo Bread Marinara Sauce Amato's Cheese Pizza Caesar Salad Fresh Peaches	Beef Taco, Pinto Beans, & Cornbread Amato's Cheese Pizza Lettuce, Tomato, & Salsa Pineapple Chunks	Chicken Nuggets, Potato Wedges, & Roll Amato's Cheese Pizza Bell Peppers Strips Cantaloupe Slices
11	12	13	14	15
Fishburger w/ Cheese on a Roll Amato's Cheese Pizza Crunchy Coleslaw Fruit Cocktail	BBQ Chicken Sandwich Vegetarian Baked Beans Amato's Cheese Pizza Chilled Corn Fresh Strawberries	Chop Suey & Dinner Roll Amato's Cheese Pizza Curry Roasted Chick Peas Crunchy Cucumbers Mandarin Oranges	Tangerine Chicken & Seasoned Rice Amato's Cheese Pizza Baby Carrots Kiwi Halves	French Toast Friday Syrup Cup Amato's Cheese Pizza Broccoli Trees Maine Blueberries
18	19	20	21	22
Cheeseburger on a Roll Amato's Cheese Pizza Maine Cocktail Tomato Lettuce & Pickle Slices Chilled Peaches	Chicken & Waffles Syrup Cup Amato's Cheese Pizza Green Beans Cinnamon Apples	Turkey & Cheese Italian or Cheese Italian Amato's Cheese Pizza Tomato, Pickle, & Pepper Sliced Pears	Mashed Potato Bowl (Chicken, Potato, Corn, & Gravy) Amato's Cheese Pizza Spinach Salad w Strawb Fresh Grapes	Beef, Rice, & Ch Burrito Amato's Cheese Pizza Zesty Salsa White Bean Salad Tropical Mango Slices
25	26	27	28	29
Chicken Burger on a Roll Amato's Cheese Pizza Carrot-Raisin Salad Applesauce	Amatos Cheese Pizza Caesar Salad Fresh Peaches	Soft Shell Chicken Taco Amato's Cheese Pizza Blackbean Salsa Lettuce & Tomato Kiwi Halves	Chicken Nuggets, Potato Wedges, & Roll Amato's Cheese Pizza Bell Peppers Strips Cantaloupe Slices	Beef Teriyaki Noodle Bowl Amato's Cheese Pizza Broccoli Trees Pineapple Chunks

FRUIT AND VEG BAR INCLUDED WITH ALL MEALS!
 Options include assorted fresh vegetables, salad, dip and dressing along with fresh and chilled fruit.

Menus subject to change without notice.
 Foods may contain nuts or nut products.

This institution is an equal opportunity provider and employer.